



Preparation time: 30 mins

Cooking time: 10-30 mins

Makes 8-12 scones

### INGREDIENTS

225g/8oz self-rising flour

1 egg

Pinch of salt

55g/2oz butter

25g/1oz caster sugar

150ml/5fl oz milk

1 free-range egg, beaten, to glaze (alternatively use a little milk)

### CHEF'S TIP!

Why not add a splash of Vanilla Essence for a scrumptious lift!

You could even dust the tops with sugar just before you pop them in the oven!  
Mmmm Delicious!

## RECIPE OF THE MONTH

### SCRUMPTIOUS SCONES

#### Method

- Heat the oven to 220C/425F/Gas 7. Lightly grease a baking sheet.
- Mix together the flour and salt and rub in the butter.
- Stir in the sugar and egg, then the milk to get a soft dough.
- Turn on to a floured work surface and knead very lightly. Pat out to a round 2cm/¾in thick. Use a 5cm/2in cutter to stamp out rounds and place on a baking sheet. Lightly knead together the rest of the dough and stamp out more scones to use it all up.
- Brush the tops of the scones with the beaten egg. Bake for 12-15 minutes until well risen and golden.
- Cool on a wire rack and serve with butter and good jam and maybe some clotted cream.

Oh so yummy! Send us some pictures of your bakes via our Facebook page *Grasmere Garden Village*



# WALK OF THE MONTH

## AROUND GRASMERE LAKE

This month's walk takes you around our beautiful lake! Walking along the lake shore, you will get stunning views from the water's edge with the dramatic backdrop of the mountains!

- Start at our top café door and continue onto Redbank Road. Walk along this road for about 2 miles, going past the 'The Grand' and the 'Fairy Gardens' .
- You will come to a section of road where the road splits in two, bear left and follow the road around the bend.
- On your left hand side you will come to a gate. Go through this gate and walk down the limestone path. This path will take you along the shores of Grasmere until the path splits, again turn left and follow the shore of the lake.
- At the head of the Lake there is a bridge, go over this bridge and again follow the path to your left. This will lead you to the road.
- Once you reach the road, join the pavement and turn left walking back towards Grasmere. You will walk past 'Dove Cottage' where William Wordsworth spent most of his life and 'The Daffodil Hotel' you should now be at the mini roundabout, take the first exit and walk down into the village.
- You will walk past the village school, Post Office, walking over the bridge and past the church. You should now see the entrance to our shop, come and enjoy some tea and cake and tell us all about it!



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